

TRADITIONS

ITALIAN RISTORANTE

EST. 1999

162 Main Street, Saco, ME 04072 | 207-282-6661

ANTIPASTO & INSALATA SELECTION

ITALIAN MEAT PIE	7.75
With a tomato and basil sauce	
SALAD GEAMACO	9.50
Garden vegetables with a tepid olive, sausage and romano sauce	
GARDEN SALAD	6.75
Homemade and delicious	
CAESAR SALAD	10.95
with chicken	16.50
with a seafood medley	PRICED DAILY
HOMEMADE GARLIC BREAD & PROVOLONE CHEESE	7.25
SAUTEED MUSSELS	16.95
In garlic butter, marinara or Diablo sauce	
CLAM CHOWDER	7.95 CUP 9.50 BOWL
SEAFOOD CHOWDER	13.95 CUP 16.50 BOWL
ROSA RAVIOLI	15.75
FRIED CLAMS	PRICED DAILY

NEW ENGLAND SEAFOOD

Your choice of fresh seafood, breaded and deep fried (in cholesterol free oil)

CLAMS, HADDOCK, SHRIMP OR SCALLOPS	MARKET PRICE
Single seafood, combination of two or seafood platter. Includes your choice of potato and vegetable or linguini or ziti.	
If you prefer your seafood broiled or baked, please ask your server.	

OPEN PIT CHAR BROILED SELECTIONS

12oz PRIME DELMONICO STEAK	PRICED DAILY
12oz CHOICE SIRLOIN STEAK	PRICED DAILY
BONELESS BREAST OF CHICKEN	23.95
With Italian Herb Sauce	
BONELESS BREAST OF CHICKEN	25.95
With sundried tomatoes and romano cheese	

Served with pasta **OR** potato & vegetable. Not responsible for well done steaks.

PASTA

ZITI AU FORMAGGI	19.50
Ziti baked golden brown	
PASTA PRIMAVERA	20.95
A light & lovely dish of fresh vegetables tossed with a garlic marsala wine sauce	
LASAGNA	19.95
Traditional homestyle, delicious!	
PASTA POMODORO	19.95
Linguine tossed with sundried tomatoes, garlic and basil	
PASTA WITH SAUSAGE AND PEPPERS	19.95
An aromatic dish featuring our chef's homemade sausage	
PASTA WITH MARINARA	12.95

Add meat sauce, sausage or meat balls + 5.15

All substitutions and requests subject to market price change

* Please notify Server of any food allergies *

SAUTEED SELECTIONS

EGGPLANT PARMIGIANA	21.50
Dipped in a seasoned egg batter, sauteed and topped with a red sauce and imported Italian cheese	
POLLO PARMIGIANA	24.95
Breast of chicken dipped in a seasoned egg wash, sauteed in olive oil and topped with a rich red sauce and imported Italian cheeses	
VITELLO PARMIGIANA	29.95
Fresh veal pounded out and dipped in a seasoned egg batter, sauteed and topped with a red sauce and imported Italian cheeses	
HADDOCK PARMIGIANA	MKT
Haddock dipped in seasoned egg wash, sauteed in oil and topped with red sauce and imported Italian cheese	
VITELLO LIMONE	29.95
Fresh veal sauteed with imported capers, sliced lemons, herbs and blended with a wine butter sauce	
VITELLO CON LEGUMI	29.95
Fresh veal medallions sauteed in olive oil with sweet peppers, black olives, onions, mushrooms, a hint of pesto and blended with red marinara sauce	
VITELLO MARSALINI	29.25
Fresh veal sauteed with mushrooms, scallions and blended with a butter marsala wine sauce	
POLLO CON SCAMPI DIAVOLA	28.25
Boneless chicken and fantail shrimp, mushrooms and hot peppers, sauteed in olive oil with a hot and spicy marinara sauce	
POLLO PROSCIUTTO ROMANO	28.25
Fresh chicken and broccoli florets sauteed with prosciutto ham and blended with a creamy romano cheese sauce	
POLLO LIMONE	24.95
Boneless cuts of chicken sauteed in an herb butter with wine, fresh lemon & capers	
POLLO MARSALINI	24.95
Boneless filets of chicken sauteed in a butter marsala wine sauce with scallion and mushroom	
CACCIATORI	26.95
Boneless chicken, sausage, onions, peppers, mushrooms, olives, sauteed in marinara	
SALSA GUSTUSA	31.75
Shrimp, scallops and haddock sauteed in olive oil with green onions, black olives and herbs in a red marinara sauce	
SCAMPONA SICILIANA	28.50
Fantail shrimp sauteed with a butter of minced seafood, garlic and herbs	
VONGOLE	PRICED DAILY
Native clams sauteed in olive oil with a blend of aromatic spices and herbs	
PESCE ALLA PAESANA	28.50
Shrimp & scallops sauteed with green onions and spinach, finished with a pesto sauce	

Served with a choice of pasta **OR** potato **OR** vegetable

SIDES

Marinara	2.95	Steamed Broccoli	4.75
Romano, Rosa or Pesto Sauce	6.75	Baked Potato	3.95
Meatball or Sausage	5.15	Steak Fries	5.75
Pasta	7.25	Cole Slaw	3.50
Sauteed Veggie Medley	9.50	Extra Cheese	2.95

\$5.00 Plate Sharing Applies

* Some food is or may be served raw or undercooked or may contain raw or undercooked foods. Consumption of this food may increase the risk food borne illness. Please check with your physician if you have any questions about consuming raw or undercooked foods.